# Oat bran concentrate N10

Oat bran concentrate N10 is a high-concentration oat bran fiber. It is extracted from Finnish oats by fine milling and air fractionation. The concentrate is full of fiber and protein, being also a good source of soluble fiber beta-glucan (10g/100g). Beta-glucan helps to maintain healthy cholesterol and blood glucose levels. It is an easy way to add fiber and protein and gives a healthy boost to products. The concentrate is versatile and can be used in various applications, thanks to its fine structure. What's more, it is produced with 100% carbon neutral energy!





# Health benefits of beta-glucan

Oat beta-glucan has health benefits approved in EU. It helps to lower and manage your cholesterol, keep your stomach happy and maintain stable blood sugar levels. For example, the claim for cholesterol lowering effect may be used for food which contains at least 1 g of beta-glucan per portion.

## **Ingredients**

OATS

# Nutritional values per 100 g

Energy kJ/kcal	1478/347
Fat	8.3 g
of which saturates	1.3 g
Carbohydrates	39 g
of which sugars	2.1 g
Fibre	21 g
of which beta glucan	10 g
Protein	20 g
Salt	0 g

## Packaging and storage

Sales units: 20kg / big bag

**Shelf-life:** 12 months from the day of packaging. Storage in dry and cool conditions (2-25 °C)

### Use and benefits

Add as such to boost fibre and protein contents and to have a desired texture in applications. Has great functional benefits with neutral taste, high water binding capacity and thickening properties. Can also be used in extrusion processes.

## **Applications**

- bakery products
- biscuits
- snack bars
- breakfast cereals
- muesli
- porridge
- meat alternatives

#### **Features**

- Easy to use and add
- Produced without chemicals
- Neutral taste and colour
- · Creates texture
- Non-GMO
- · Rich in fibre
- · Source of beta-glucan
- High protein



